An afternoon in the nursing home

Brown skin, so wrinkled with sunlight; You've known pain.

I hold your gaze—harrowed, lost, as if you Had stolen the first rays of dawn.

The world asked for them back but you refused,

Eyes searching for a home again.

The walls of the nursing home peel back, unfurling:

The worn piano with stains and dulled wood-I play a note

And it rings unnaturally loud, piercing the walls.

The air tastes like

An ice cube, melting, cold, numb,

1 do-

I do feel lonely.

Your wheelchair is stiff; my feet shuffle tentatively after each other,

Pushing you forward.

You are made of dust, and stars, and sky.

I wonder if you have ever tenderly embraced a child;

Screamed at a lover.

Felt the gut-wrenching weight of existence—

As we all do. sometimes.

In the light from the window, a red canary lands on a branch.

Can you see?

—Qiang Zhang



Ms. Zhang is a fourth-year medical student at David Geffen School of Medicine, Los Angeles, CA. Her E-mail address is QiangZhang@mednet.ucla.edu.